

Scottish Athletics League Results

Venue Meadowbank
Date 27-Apr
Division Div. 1

100m 'A' w/s + 5.4mps (Hand Timing)			100m 'B' w/s + 1.8 mps		
Name	Club	Perf.	Name	Club	Perf.
1 Ian Mackie	Pit	10.2	1 Fraser Sharp	C of E	11.16
2 Jonathon Oparka	Arbroath	10.6	2 Bruce Gibb	Arbroath	11.18
3 Brett Rund	C of E	10.7	3 Stuart Benson	Ayr	11.19
4 Allan Stuart	Shett	10.7	4 Neil Fachie	Aberdeen	11.68
5 Ian Kennedy	Ayr	10.8	5 Jamie Nellany	Pit	11.69
6 Richard Chessor	Aberdeen	10.9	6 Allan Milroy	Law	11.80
7 Alasdair MacKenzie	Law	10.9	7 Martin Kearney	Central	11.89
8 Jamie McDonald	Central	12.3	8 Neil Darroch	Shett	12.41

200m 'A' w/s + 1.3 mps			200m 'B' w/s + 1.5 mps		
Name	Club	Perf.	Name	Club	Perf.
1 Ian Mackie	Pit	21.33	1 Tony Cunningham	Law	22.88
2 Allan Stuart	Shett	21.71	2 Mike Burslem	Arbroath	22.93
3 John Dunlop	C of E	21.94	3 Ewan McCombie	C of E	23.12
4 Bruce Gibb	Arbroath	22.08	4 Scott Keenan	Ayr	23.50
5 Richard Chessor	Aberdeen	22.35	5 Neil Darroch	Shett	23.88
6 Brian Whittle	Ayr	22.58	6 Craig Loney	Aberdeen	24.31
7 Aladair MacKenzie	Law	22.96	7 Jamie Nellany	Pit	24.33
8 Martin Crawford	Central	24.66	8 Ewan Laing	Central	27.40

400m 'A'			400m 'B'		
Name	Club	Perf.	Name	Club	Perf.
1 Bret Rund	C of E	49.65	1 Scott Keenan	Ayr	50.30
2 Roddy Pitt	Pit	50.69	2 Mike Burslem	Arbroath	51.03
3 Neil Burnside	Ayr	50.99	3 Steven Hurst	C of E	51.18
4 Tony Cunningham	Law	52.35	4 John McDiarmid	Pit	51.67
5 Bruce Gibb	Arbroath	52.76	5 Martin Kearney	Central	53.21
6 Neil Darroch	Shett	52.96	6 Keith Dunlop	Law	55.11
7 Richard Gray	Aberdeen	53.45	7 Alan McMillan	Shett	57.60
8 Martin Crawford	Central	55.42	8 Kevin Morice	Aberdeen	62.94

800m 'A'			800m 'B' (Hand Timing)		
Name	Club	Perf.	Name	Club	Perf.
1 Graeme Oudney	Pit	1:57.02	1 Stuart Forbes	Aberdeen	1:58.80
2 Adam Watt	Aberdeen	1:58.45	2 Keir Geatroll	Law	2:02.40
3 Colin Garrett	Ayr	2:00.46	3 Alastair Hay	Central	2:01.60
4 Keith Dunlop	Law	2:01.00	4 Steven Hurst	C of E	2:02.80
5 Ewan Gault	Central	2:01.65	5 Francis Napier	Ayr	2:09.40
6 Francis Hooton	C of E	2:09.25	6 Brian McKay	Pit	2:09.90
7 Alan Sneddon	Shett	2:13.69	7 Alan McMillan	Shett	2:18.00
8 Sam Nichols	Arbroath	2:35.40			

	Name	Club	Perf.
1500m 'A'			
1	Iain Murdoch	Law	3:59.98
2	Stewart Reid	Pit	4:02.58
3	Alan Wales	Aberdeen	4:02.62
4	Ross Houston	Central	4:03.84
5	Stewart Campbell	Arbroath	4:06.35
6	Tom Ellacott	C of E	4:07.10
7	Donald Macauley	Shett	4:09.91
8	Francis Napier	Ayr	4:31.62

	Name	Club	Perf.
1500m 'B'			
1	James Tonner	Law	4:02.16
2	Mark Kennedy	Aberdeen	4:04.74
3	Matthew Bell	C of E	4:08.43
4	Graham Wight	Shett	4:10.95
5	Lewis Millar	Central	4:30.38
6	Sean Hardwick	Arbroath	4:32.65
7	Derek Simpson	Pit	4:49.65

	Name	Club	Perf.
5000m 'A'			
1	Matthew Bell	C of E	15:11.35
2	Graham Wight	Shett	15:12.10
3	Robert Russell	Central	15:14.85
4	Iain Murdoch	Law	15:16.13
5	Robert Napier	Ayr	15:18.35
6	Michael Paddon	Aberdeen	16:03.07
7	Stephen Irwin	Pit	16:52.20

	Name	Club	Perf.
5000m 'B'			
1	Alister Russell	Law	15:50.88
2	Ben Hukins	Aberdeen	16:06.91
3	Alasdair Anthony	Central	16:10.42
4	Lewis Duff	Shett	16:19.15
5	Colin Souter	Ayr	17:01.63
6	Andrew Haycock	C of E	17:03.90

	Name	Club	Perf.
110 Hur 'A' w/s + 1.3 mps			
1	Francis Smith	Pit	14.74
2	Martin Hendry	C of E	15.02
3	Andrew Grant	Aberdeen	16.46
4	Ewan Laing	Central	17.70
5=	Glen Pearson	Arbroath	19.79
5=	Steve Backer	Law	19.79
7	Adam Mackie	Ayr	20.81

	Name	Club	Perf.
110 Hur 'B' w/s+ 1.5 mps			
1	Scott McKinlay	Pit	16.76
2	Stephen Miller	Aberdeen	17.24
3	Kenny Pearson	Central	18.08
4	Stuart Benson	Ayr	19.35
5	Sam Nichols	Arbroath	26.84

	Name	Club	Perf.
400m Hur 'A'			
1	Scott McKinlay	Pit	58.27
2	Andrew Grant	Aberdeen	58.81
3	Ewan Laing	Central	62.28
4	Steve Backer	Law	63.15
5	Adam Mackie	Ayr	67.48
6	Sean Hardwick	Arbroath	71.01

	Name	Club	Perf.
400m Hur 'B'			
1	Kevin Morice	Aberdeen	65.22
2	Roy Buchanan	Pit	65.35
3	Tom Nicholson	Law	72.66

	Name	Club	Perf.
3000m S/C 'A'			
1	Paul McCloskey	Pit	9:55.56
2	Jamie McDonald	Central	10:09.41
3	Colin Soutar	Ayr	10:43.76
4	John Steel	C of E	10:47.63
5	Richard Wainford	Aberdeen	11:00.34
6	Steven Lawley	Law	12:21.90

	Name	Club	Perf.
3000m S/C 'B'			
1	Stephen Irwin	Pit	10:12.76
2	David Burlton	Aberdeen	11:11.01
3	Alex Milne	Central	11:11.28
4	Adam Mackie	Ayr	11:39.85
5	Gordon Steel	C of E	12:08.69

	Name	Club	Perf.
H/Jump 'A'			
1	Stewart Livingston	C of E	1.90
2	Michael Holden	Ayr	1.85
3	Andrew Grant	Aberdeen	1.75
4	John Horner	Law	1.75
5	Alasdair Strange	Shett	1.70
6	Kenny Pearson	Central	1.70
7	Glen Pearson	Arbroath	1.60
8	Scott McKinlay	Pit	1.50

	Name	Club	Perf.
H/Jump 'B'			
1	Michael Paddon	Aberdeen	1.70
2	Frazer Redmond	Ayr	1.60
3	Neil Darroch	Shett	1.60
4	Alastair Page	Central	1.60
5	Graham Martin	Law	1.50
6	Sam Nichols	Arbroath	1.50

	Name	Club	Perf.
L/Jump 'A'			
1	Stuart Benson	Ayr	6.05
2	Stephen Miller	Aberdeen	5.99
3	John McDiarmid	Pit	5.89
4	Gareth Gettinby	Arbroath	5.47
5	John Horner	Law	5.34
6	Michael Wright	Central	4.85
7	Jonathon Ritchie	C of E	4.70
8	Alan Stuart	Shett	4.55

	Name	Club	Perf.
L/Jump 'B'			
1	Ian Kennedy	Ayr	5.92
2	Philip Gardiner	Pit	5.45
3	Alan Milroy	Law	5.23
4	Glen Pearson	Arbroath	4.97
5	Alastair Page	Central	4.52
6	Neil Fachie	Aberdeen	4.49
7	Neil Darroch	Shett	4.34

	Name	Club	Perf.
T/Jump 'A'			
1	Stuart Benson	Ayr	13.19
2	Alasdair Strange	Shett	12.67
3	Martyn Hendry	C of E	11.85
4	Steve Backer	Law	11.55
5	Glen Pearson	Arbroath	10.98
6	Philip Gardiner	Pit	10.94
7	Michael Wright	Central	10.84
8	Neil Fachie	Aberdeen	9.40

	Name	Club	Perf.
T/Jump 'B'			
1	John Horner	Law	10.93
2	Craig Hughan	Shett	10.68
3	Steve Wallace (M40)	Pit	10.13
4	Ewan Laing	Central	9.97
5	Sam Nichols	Arbroath	9.96
6	Kevin Morice	Aberdeen	9.36
7	Adam Mackie	Ayr	8.91

	Name	Club	Perf.
Pole Vault 'A'			
1	Alasdair Strange	Shett	4.00
2	Dougie Graham	Arbroath	3.80
3	Ian Roberts	C of E	3.60
4	Kenny Pearson	Central	3.60
5	Ron Todd	Pit	3.40
6	Bob Masson	Aberdeen	3.00
7=	Paul McPate	Ayr	2.00
7=	John Horner	Law	2.00

	Name	Club	Perf.
Pole Vault 'B'			
1	Glen Pearson	Arbroath	2.80
2	Pat Kelly	Law	2.00

	Name	Club	Perf.
Hammer 'A'			
1	Neil Elliott	Shett	43.66
2	Bruce Robb	Pit	42.09
3	Bill Gentleman	C of E	37.22
4	Craig Loney	Aberdeen	35.25
5	Graeme Ferguson	Law	30.88
6	Chris Smith	Arbroath	29.95
7	Paul McPate	Ayr	29.59
8	Richard Blore	Central	21.28

	Name	Club	Perf.
Hammer 'B'			
1	Adam Mackie	Ayr	24.65
2	Andrew Webber	Arbroath	23.35
3	Steve Wallace	Pit	21.27
4	Ramsay Young	Central	15.59
5	Kevin Morice	Aberdeen	13.26
6	Alister Russell	Law	11.90
7	John McKay	Shett	4.85

	Name	Club	Perf.
Shot 'A'			
1	Neil Elliott	Shett	15.38
2	Bruce Robb	Pit	14.76
3	Peter Socchart	C of E	13.18
4	Graeme Ferguson	Law	11.47
5	Chris Smith	Arbroath	11.02
6	Craig Loney	Aberdeen	10.66
7	Richard Blore	Central	8.78
8	Adam Mackie	Ayr	8.59

	Name	Club	Perf.
Shot 'B'			
1	Stewart McMillan	Pit	12.83
2	Matthew Peerless	C of E	9.99
3	Andrew Webber	Arbroath	9.81
4	Bob Masson	Aberdeen	8.34
5	George McHardy	Central	7.76
6	Davie Alexander	Ayr	7.73
7	Neil Darroch	Shett	6.98
8	Keir Geatroll	Law	6.81

	Name	Club	Perf.
Javelin 'A'			
1	Chris Smith	Arbroath	61.45
2	Stewart McMillan	Pit	58.77
3	Benjamin Loyd	C of E	54.94
4	Kenny Pearson	Central	42.65
5	Stephen Miller	Aberdeen	41.94
6	Craig Hughan	Shett	38.16
7	Paul McPate	Ayr	36.89
8	Tony Cunningham	Law	28.00

	Name	Club	Perf.
Javelin 'B'			
1	Peter Fraser	Pit	56.22
2	Jeremy Smyth	C of E	50.34
3	Jonathon Oparka	Arbroath	47.18
4	Richard Blore	Central	32.35
5	Bob Masson	Aberdeen	29.51
6	Graham Wright	Shett	25.44
7	Davie Alexander	Ayr	23.34
8	Graeme Ferguson	Law	21.69

	Name	Club	Perf.
Discus 'A'			
1	Bruce Robb	Pit	48.79
2	Neil Elliott	Shett	47.69
3	Chris Smith	Arbroath	31.59
4	Craig Loney	Aberdeen	30.65
5	Graeme Ferguson	Law	30.20
6	Jeremy Smyth	C of E	26.59
7	Adam Mackie	Ayr	26.28
8	Kenny Pearson	Central	23.56

	Name	Club	Perf.
Discus 'B'			
1	Stewart McMillan	Pit	35.06
2	Bob Masson	Aberdeen	28.35
3	Glen Pearson	Arbroath	25.75
4	Matthew Peerless	C of E	24.75
5	Paul McPate	Ayr	23.76
6	George McHardy	Central	22.49
7	Craig Hughan	Shett	20.86
8	Sean Murphy	Law	17.20

	Name	Club	Perf.
4 x 100m Relay			
1	Arbroath	Arbroath	44.17
2	Pitreavie	Pit	44.31
3	City of Edinburgh	C of E	44.81
4	Ayr Seaforth	Ayr	44.87
5	Aberdeen	Aberdeen	45.40
6	Shettleston	Shett	47.86
7	Central	Central	49.01
8	Law & District	Law	DISQ

	Name	Club	Perf.
4 x 400m Relay			
1	Ayr Seaforth	Ayr	3.25.14
2	Law & District	Law	3.31.17
3	Pitreavie AAC	Pit	3.32.60
4	C of E	C of E	3.33.53
5	Aberdeen AAC	Aberdeen	3.34.89
6	Shettleston	Shett	3.34.91
7	Arbroath	Arbroath	3.37.38
8	Central Region	Central	3.46.10

	Aberd	Arbro	Ayr	Centra	C of E Law	Pit	Shett
Officials Provided	3	3	3	3	3	3	3
Officials Points	0	0	0	0	0	0	0

Team	Aberd	Arbro	Ayr	Centra	C of E Law	Pit	Shett
Total Points	287	253.5	261.5	215	276	255	211
Position	2	6	4	7	3	5	8
Match Points	7	3	5	2	6	4	1

Scottish Athletics League Results

Venue

Coatbridge

Date

08-Jun

Division

Div. 1

Name	Club	Perf.	Name	Club	Perf.
100m			100m		
1	Ian Kennedy	Ayr	11	1	
2	Richard Chessor	Aberdeen	11.1	2	
3	Fraser Sharp	C of E	11.1	3	
4	Fraser McKenzie	Law	11.4	4	
5	Gareth Gettinby	Arbroath	11.4	5	
6	Alastair Tatton	Pit	11.6	6	
7	Keith Preston	Shett	12.1	7	
8	Martin Kearney	Central	12.3	8	

Name	Club	Perf.	Name	Club	Perf.
200m			200m		
1			1		
2			2		
3			3		
4			4		
5			5		
6			6		
7			7		
8			8		

Name	Club	Perf.	Name	Club	Perf.
400m 'A'			400m 'B'		
1			1		
2			2		
3			3		
4			4		
5			5		
6			6		
7			7		
8			8		

Name	Club	Perf.	Name	Club	Perf.		
800m 'A'			800m 'B'				
1	Stewart Reid	Pit	1:55.30	1	Ewan Simpson	Pit	1:56.20
2	Mark Kennedy	Aberdeen	1:55.80	2	Robert Russell	Central	2:00.30
3	Alastair Hay	Central	1:59.20	3	Adam Lee	Shett	2:01.10
4	Sandy Scott	Shett	2:00.00	4	Andrew Clark	Aberdeen	2:04.10
5	Keith Dunlop	Law	2:00.30	5	Alastair Russell	Law	2:07.60
6	Paul Rodgers	Ayr	2:01.70	6	Francis Napier	Ayr	2:15.50
7	Sean Hardwick	Arbroath	2:19.50	7	Andrew Webber	Arbroath	3:12.50
8				8			

Name	Club	Perf.	Name	Club	Perf.
1500m 'A'			1500m 'B'		
1			1		
2			2		
3			3		
4			4		
5			5		
6			6		
7			7		
8			8		

Name	Club	Perf.	Name	Club	Perf.
5000m 'A'			5000m 'B'		
1			1		
2			2		
3			3		
4			4		
5			5		
6			6		
7			7		
8			8		

Name	Club	Perf.	Name	Club	Perf.
110 Hur			110 Hur		
1			1		
2			2		
3			3		
4			4		
5			5		
6			6		
7			7		
8			8		

Name	Club	Perf.	Name	Club	Perf.
400m Hur 'A'			400m Hur 'B'		
1	Calum Laing	Central 57.60	1	Stephen Miller	Aberdeen 59.8
2	Andrew Grant	Aberdeen 57.90	2	Ewan Laing	Central 60.2
3	Scott McKinlay	Pit 59.10	3	Steve Frame	C of E 65
4	David Collard	C of E 60.30	4	Alan Milroy	Law 69.5
5	Mark Stewart	Arbroath 61.00	5	David Alexander	Shett 71.5
6	Stephen Backer	Law 62.20	6	Colin Soutar	Ayr 75.8
7	Adam Mackie	Ayr 67.5	7		
8	Unknown	Shett DNF	8		

Name	Club	Perf.	Name	Club	Perf.
3000m S/C 'A'			3000m S/C 'B'		
1	Jamie McDonald	Central 9:45.40	1	Alex Milne	Central 10:51.70
2	Martin Graham	Shett 9:50.50	2	Adam Mackie	Ayr 11:46.50
3	Stephen Irwin	Pit 10:15.60	3	Pat Kelly	Law 12:30.50
4	Stephen Lawley	Law 10:35.30	4		
5	Bob Thornhill	Aberdeen 10:49.10	5		
6	Colin Soutar	Ayr 11:22.70	6		
7	Stuart Lamb	C of E 13:44.40	7		
8			8		

Name	Club	Perf.	Name	Club	Perf.
H/Jump 'A'			H/Jump 'B'		
1			1		
2			2		
3			3		
4			4		
5			5		
6			6		
7			7		
8			8		

Name	Club	Perf.	Name	Club	Perf.		
L/Jump 'A'			L/Jump 'B'				
1	Iain Greep	C of E	6.00	1	John McDiarmid	Pit	5.61
2	Ian Kennedy	Ayr	5.79	2	Stephen Miller	Aberdeen	5.19
3	Sean McQueen	Pit	5.78	3	Mike Burslem	Arbroath	5.13
4	Graham Lammie	Arbroath	5.66	4	Alan Wilson	Ayr	5.06
5	Calum Laing	Central	5.46	5	David Martin	Law	5
6	Kenny Lyon	Aberdeen	5.45	6	Neil Darroch	Shett	4.81
7	Iain McDonald	Shett	5.29	7	Ewan Laing	Central	4.8
8	Steven Backer	Law	5.13	8			

Name	Club	Perf.	Name	Club	Perf.
T/Jump 'A'			T/Jump 'B'		
1			1		
2			2		
3			3		
4			4		
5			5		
6			6		
7			7		
8			8		

Name	Club	Perf.	Name	Club	Perf.		
Pole Vault 'A'			Pole Vault 'B'				
1	Alasdair Strange	Shett	4.00	1	Gary Crawford	C of E	2.10
2	Dougie Graham	Arbroath	4.00	2			
3	Kenny Pearson	Central	3.60	3			
4	Steve Frame	C of E	3.20	4			
4	Ron Todd	Pit	3.20	5			
6	Kenny Lyon	Aberdeen	3.20	6			
7				7			
8				8			

Name	Club	Perf.	Name	Club	Perf.		
Hammer 'A'			Hammer 'B'				
1	Neil Elliot	Shett	41.53	1	Martin Letham	Shett	20.15
2	Chris Smith	Arbroath	31.25	2	Andy Webber	Arbroath	20.15
3	Graeme Ferguson	Law	29.71	3	Richard Blore	Central	17.04
4	Ramsay Young	Central	25.46	4	Alastair Russell	Law	13.46
5	Adam Mackie	Ayr	22.62	5	Francis Napier	Ayr	8.15
6	Steve Wallace	Pit	21.77	6			
7	Kevin Morice	Aberdeen	17.52	7			
8				8			

Name	Club	Perf.
Shot 'A'		
1		
2		
3		
4		
5		
6		
7		
8		

Name	Club	Perf.
Shot 'B'		
1		
2		
3		
4		
5		
6		
7		
8		

Name	Club	Perf.
Javelin 'A'		
1		
2		
3		
4		
5		
6		
7		
8		

Name	Club	Perf.
Javelin 'B'		
1		
2		
3		
4		
5		
6		
7		
8		

Name	Club	Perf.
Discus 'A'		
1	Neil Elliot	Shett 41.48
2	Stewart McMillan	Pit 35.61
3	Chris Smith	Arbroath 32.78
4	Eddie McKenzie	Aberdeen 30.07
5	Jeremy Smyth	C of E 28.61
6	Graeme Ferguson	Law 28.43
7	Adam Mackie	Ayr 21.38
8	Richard Blore	Central 20.29

Name	Club	Perf.
Discus 'B'		
1	Brian Doherty	Pit 35.59
2	Greg Elliot	Arbroath 29.04
3	Iain Rowney	Law 26.48
4	Craig Hughan	Shett 21.86
5	George McHardy	Central 20.64
6	Colin Soutar	Ayr 14.69
7	Richard Wainford	Aberdeen 8.41
8		

Name	Club	Perf.
4 x 100m Relay		
1		
2		
3		
4		
5		
6		
7		
8		

Name	Club	Perf.
4 x 400m Relay		
1		
2		
3		
4		
5		
6		
7		
8		

	Aberd	Arbro	Ayr	Centra	C of E Law	Pit	Shett
Officials Provided	3	3	3	3	3	3	3
Officials Points	0	0	0	0	0	0	0

Team	Aberd	Arbro	Ayr	Centra	C of E Law	Pit	Shett
Total Points	107	101	89	128	80	92	123
Position	4	5	7	1	8	6	2
Match Points	5	4	2	8	1	3	7

Scottish Athletics League Results

Venue
Date
Division

Scotstoun
22-Jun
Div. 1

Name			Name				
	Club	Perf.		Club	Perf.		
100m			100m				
1	I Mackie	Pit	10.7	1	F Sharp	C of E	11.4
2	A Stuart	Shett	11.4	2	M Burslem	Arbroath	11.5
3	F MacKenzie	Law	11.4	3	A McKenzie	Law	11.5
4	A Wilson	Ayr	11.4	4	S Keenan	Ayr	11.6
5	R Chessor	Aberdeen	11.4	5	S Tucker	Shett	11.6
6	B Gibb	Arbroath	11.6	6	R Kirk	Pit	11.8
7	V Hollas	C of E	11.6	7	N Sharp	Aberdeen	12.3
8	C Laing	Central	12.1	8	M Kearney	Central	12.4

Name			Name				
	Club	Perf.		Club	Perf.		
200m			200m				
1	B Rund	C of E	21.8	1	J Dunlop	C of E	22.6
2	A Stuart	Shett	21.9	2	G Lammie	Arbroath	23.4
3	A Wilson	Ayr	22.6	3	J Nellany	Pit	23.7
4	R Chessor	Aberdeen	22.8	4	I Darroch	Shett	23.9
5	M Burslem	Arbroath	22.8	5	N Fachie	Aberdeen	24.1
6	A McKenzie	Law	22.9	6	K Geatrell	Law	24.2
7	J Coull	Pit	23.1	7	M Crawford	Central	25.1
8	C Laing	Central	23.9	8	F Napier	Ayr	27.8

Name			Name				
	Club	Perf.		Club	Perf.		
400m 'A'			400m 'B'				
1	B Gibb	Arbroath	49.3	1	S Hirst	C of E	49.6
2	C Philip	C of E	49.6	2	S Keenan	Ayr	50.2
3	N Burnside	Ayr	49.7	3	R Kirk	Pit	50.6
4	J McDiarmid	Pit	51.0	4	D Wallace	Shett	52.6
5	I Darroch	Shett	52.1	5	M Kearney	Central	53.6
6	K Geatrell	Law	52.4	6	N Sharp	Aberdeen	53.9
7	M Crawford	Central	52.4	7	S Backer	Law	53.9
8	K Morice	Aberdeen	60.2	8	D Graham	Arbroath	59.5

Name			Name				
	Club	Perf.		Club	Perf.		
800m 'A'			800m 'B'				
1	R Hooton	C of E	1:52.7	1	S Wright	C of E	1:56.1
2	I Murdoch	Law	1:53.2	2	S Reid	Pit	1:57.5
3	Graeme Oudney	Pit	1:54.3	3	K Geatrell	Law	1:59.8
4	S Rustling	Aberdeen	1:56.8	4	A Hay	Central	2:00.0
5	P Whitlam	Central	1:59.6	5	D Wallace	Shett	2:04.0
6	P Rogers	Ayr	2:00.0	6	R Wainford	Aberdeen	2:07.0
7	D MacAuley	Shett	2:01.6	7	F Napier	Ayr	2:21.4
8				8			

	Name	Club	Perf.
	1500m 'A'		
1	D Gausson	C of E	3:58.3
2	R Houston	Central	3:59.5
3	M Kennedy	Aberdeen	4:00.1
4	S Campbell	Arbroath	4:00.9
5	E Simpson	Pit	4:01.3
6	R Montgomery	Shett	4:11.9
7	P Rogers	Ayr	4:27.1
8			

	Name	Club	Perf.
	1500m 'B'		
1	A Hay	Central	4:02.1
2	J Newsom	Pit	4:04.0
3	T Ellacot	C of E	4:07.8
4	F Napier	Ayr	4:47.4
5	M Graham	Shett	4:51.1
6			
7			
8			

	Name	Club	Perf.
	5000m 'A'		
1	R Russell	Central	14:54.5
2	M Bell	C of E	15:14.4
3	E Tonner	Law	15:15.6
4	R Napier	Ayr	15:23.2
5	W Coyle	Shett	15:25.1
6	I Donnan	Aberdeen	15:38.8
7	N Cunningham	Pit	16:13.5
8	S Campbell	Arbroath	16:48.4

	Name	Club	Perf.
	5000m 'B'		
1	A Little	Shett	15:41.8
2	R Ward	C of E	15:58.8
3	I Stewart	Central	16:19.5
4	I Connell	Ayr	16:24.1
5	R Wainford	Aberdeen	16:26.0
6			
7			
8			

	Name	Club	Perf.
	110 Hur		
1	Francis Smith	Pit	15.1
2	Martin Hendry	C of E	15.4
3	C Laing	Central	16.2
4	E Scott	Shett	17.6
5	M Stewart	Arbroath	19.2
6	S Backer	Law	19.4
7	K Morice	Aberdeen	19.8
8	A Mackie	Ayr	22.3

	Name	Club	Perf.
	110 Hur		
1	E Laing	Central	17.9
2			
3			
4			
5			
6			
7			
8			

	Name	Club	Perf.
	400m Hur 'A'		
1	G Lammie	Arbroath	55.5
2	D Paisley	Pit	58.1
3	S Backer	Law	59.7
4	K Morice	Aberdeen	63.3
5	E Laing	Central	64.5
6	A Mackie	Ayr	67.2
7	D Alexander	Shett	78.0
8			

	Name	Club	Perf.
	400m Hur 'B'		
1	F Smith	Pit	58.5
2	K Pearson	Central	59.9
3	M Stewart	Arbroath	64.8
4	S Griffin	Law	71.2
5	G Costley	Shett	75.2
6			
7			
8			

	Name	Club	Perf.
	3000m S/C 'A'		
1	I Murdoch	Law	9:42.9
2	J McDonald	Central	10:01.1
3	A Lee	Shett	10:04.9
4	C Soutar	Ayr	11:18.2
5			
6			
7			
8			

	Name	Club	Perf.
	3000m S/C 'B'		
1	J Duffy	Shett	11:09.8
2	A Mackie	Ayr	12:00.2
3			
4			
5			
6			
7			
8			

Name	Club	Perf.	Name	Club	Perf.		
H/Jump 'A'			H/Jump 'B'				
1	I Leitch	Pit	1.90	1	M Hendry	C of E	1.65
2	S Livingston	C of E	1.85	2	F Redmond	Ayr	1.65
3	A Strange	Shett	1.85	3	A McMillan	Shett	1.65
4	K Pearson	Central	1.75	4	C Charlton	Pit	1.60
5	J Fulton	Ayr	1.70	5	G Elliott	Arbroath	1.55
6	M Stewart	Arbroath	1.65	6	M Crawford	Central	1.45
7	B Lonsdale	Aberdeen	1.60	7	D Martin	Law	1.40
8	S Griffin	Law	1.50	8			

Name	Club	Perf.	Name	Club	Perf.		
L/Jump 'A'			L/Jump 'B'				
1	J Nellany	Pit	6.96	1	J McDiarmid	Pit	6.34
2	E Scott	Shett	6.40	2	A Strange	Shett	6.29
3	C Laing	Central	6.30	3	M Burslem	Arbroath	5.59
4	M Stewart	Arbroath	5.96	4	E Laing	Central	5.30
5	M Fachie	Aberdeen	5.85	5	F Redmond	Ayr	5.06
6	S Backer	Law	5.50	6	B Lonsdale	Aberdeen	5.03
7	J Fulton	Ayr	5.39	7	D Martin	Law	4.74
8				8			

Name	Club	Perf.	Name	Club	Perf.		
T/Jump 'A'			T/Jump 'B'				
1	A Strange	Shett	13.58	1	C Hughan	Shett	11.16
2	E Pearson	Central	12.10	2	C Laing	Central	10.96
3	M Hendry	C of E	11.93	3	Steve Wallace (M40)	Pit	10.58
4	P Gardiner	Pit	11.14	4	D Martin	Law	10.54
5	S Backer	Law	10.98	5	A Mackie	Ayr	9.56
6	D Graham	Arbroath	10.84	6			
7	J Fulton	Ayr	10.84	7			
8	B Lonsdale	Aberdeen	10.36	8			

Name	Club	Perf.	Name	Club	Perf.
Pole Vault 'A'			Pole Vault 'B'		
1			1		
2			2		
3					
4					
5					
6					
7					
8					

Name	Club	Perf.	Name	Club	Perf.		
Hammer 'A'			Hammer 'B'				
1	N Elliott	Shett	45.19	1	T Nicholson	Law	24.43
2	D Clark	C of E	33.23	2	M Letham	Shett	20.30
3	G Ferguson	Law	32.27	3	R Blore	Central	20.26
4	C Smith	Arbroath	28.81	4	K Morice	Aberdeen	20.19
5	R Young	Central	27.96	5	G Elliott	Arbroath	19.92
6	A Mackie	Ayr	25.59	6	D Valentine	C of E	18.07
7	B Lonsdale	Aberdeen	21.50	7			
8	S Wallace	Pit	19.14	8			

	Name	Club	Perf.
Shot 'A'			
1	Neil Elliott	Shett	16.19
2	S Thompson	Pit	16.05
3	G Ferguson	Law	12.07
4	C Smith	Arbroath	11.74
5	M J Alaide	C of E	11.16
6	E McKenzie	Aberdeen	10.93
7	E Urquhart	Central	9.95
8	A Mackie	Ayr	8.32

	Name	Club	Perf.
Shot 'B'			
1	Stewart McMillan	Pit	11.64
2	E Scott	Shett	11.49
3	G Elliott	Arbroath	9.15
4	D Clark	C of E	8.86
5	R Blore	Central	7.92
6	R Wainford	Aberdeen	3.67
7			
8			

	Name	Club	Perf.
Javelin 'A'			
1	C Smith	Arbroath	60.54
2	S McMillan	Pit	57.30
3	S Carson	Ayr	55.63
4	K Pearson	Central	40.57
5	C Hughan	Shett	37.93
6	E McKenzie	Aberdeen	35.95
7	D Clark	C of E	21.83
8	G Ferguson	Law	17.35

	Name	Club	Perf.
Javelin 'B'			
1	S Thompson	Pit	53.13
2	M Letham	Shett	35.92
3	G Elliot	Arbroath	24.78
4	R Blore	Central	31.67
5	A Mackie	Ayr	29.47
6	B Lonsdale	Aberdeen	23.65
7	D Valentine	C of E	15.17
8			

	Name	Club	Perf.
Discus 'A'			
1	S Thompson	Pit	50.67
2	Neil Elliott	Shett	48.53
3	M J Alaide	C of E	43.93
4	G Ferguson	Law	34.08
5	E McKenzie	Aberdeen	31.34
6	C Smith	Arbroath	31.29
7	E Urquhart	Central	24.46
8	D Alexander	Ayr	23.83

	Name	Club	Perf.
Discus 'B'			
1	Brian Doherty	Pit	35.92
2	E Scott	Shett	32.35
3	G Elliot	Arbroath	31.13
4	T Nicholson	Law	28.12
5	A Mackie	Ayr	28.12
6	G McHardy	Central	21.84
7			
8			

	Name	Club	Perf.
4 x 100m Relay			
1		C of E	43.5
2		Pit	44.7
3		Ayr	45.4
4		Law	45.6
5		Arbroath	46.7
6		Central	46.8
7		Shett	48.5
8		Aberdeen	49.2

	Name	Club	Perf.
4 x 400m Relay			
1	City of Edinburgh	C of E	3.29.6
2	Ayr Seaforth	Ayr	3.33.6
3	Central Region	Central	3.36.0
4	Arbroath	Arbroath	3.42.1
5	Law & District	Law	3.44.9
6	Shettleston	Shett	3.51.8
7			
8	Pitreavie		Disq

	Aberd	Arbro	Ayr	Centra	C of E Law	Pit	Shett
Officials Provided	3	3	3	3	3	3	3
Officials Points	0	0	0	0	0	0	0

Team	Aberd	Arbro	Ayr	Centra	C of E Law	Pit	Shett
Total Points	142	219	212	262	281	213	303
Position	8	5	7	4	3	6	2
Match Points	1	4	2	5	6	3	7

Match Points Scores

		Aberdeen	Arbroath&Dist	Ayr Seaforth	Central AC	City of Edin.	Law&District	Pitreavie	Shettleston
Meeting 1	Meadowbank	287	253.5	261.5	215	276	255	356	211
Meeting 2	Coatbridge				Points void				
Meeting 3	Scotstoun	142	219	212	262	281	213	303	311
Meeting 4	No 4th meeting				No 4th Meeting				
Total Points		429	472.5	473.5	477	557	468	659	522

Season Points Scores

		Aberdeen	Arbroath&Dist	Ayr Seaforth	Central AC	City of Edin.	Law&District	Pitreavie	Shettleston
Meeting 1	Meadowbank	7	3	5	2	6	4	8	1
Meeting 2	Coatbridge				Points void				
Meeting 3	Scotstoun	1	4	2	5	6	3	7	8
Meeting 4	No 4th meeting				No 4th Meeting				
Season Points		8	7	7	7	12	7	15	9
Place		4	5	5	5	2	5	1	3

Standings

	Team	Points	Event Points
1st	Pitreavie	15	659
2nd	City of Edin.	12	557
3rd	Shettleston	9	522
4th	Aberdeen	8	429
5th	Central AC	7	477
5th	Ayr Seaforth	7	473.5
5th	Arbroath&Dist	7	472.5
5th	Law&District	7	468