

Date	Type	Event	Venue	Entries
Sat 30/3/19	Club	Central Athletic Club Pre season	Grangemouth	via entrycentral.com
Wed 17/04/19	Open Graded	Livingston Open Graded Meet 1	Livingston	Entries on-line - suitable for all
Thurs 25/4/19	Time Trials	CAC time trials	Stirling	Entries on the night - suitable for all
Sat 27/04/19	League	Youth Development League Division 1	Grangemouth	Team mangers will contact via email
Wed 01/05/19	Open Graded	Grangemouth Open Graded Meet 1	Grangemouth	Entries on-line - suitable for all
Sat 11/05/19	Scottish Championships	East District Championships	Grangemouth	Enter on line via Scottish Athletics website
Sun 12/05/19	Scottish Championships	East District Championships	Grangemouth	Enter on line via Scottish Athletics website
Sat 18/05/19	League	Forth Valley League Match 1	Livingston	Team mangers will contact via email
Sun 19/05/19	League	Youth Development League Division 1	Grangemouth	Team mangers will contact via email
Wed 22/05/19	Open Graded	Livingston Open Graded Meet 2	Livingston	Entries on-line - suitable for all
Thurs 30/5/19	Time Trials	CAC time trials	Stirling	Entries on the night - suitable for all
Fri 31/05/19	Schools	Secondary Relay Championships	Hutchisons GS Glasgow	Via school
Sat 01/06/19	Schools	Scottish Schools Pentathlon Championships & Primary Relays	Grangemouth	Via school
Wed 05/06/19	Open Graded	Grangemouth Open Graded Meet 2	Grangemouth	Entries on-line - suitable for all
Fri 07/06/19	Schools	Scottish Schools T&F Championships	Grangemouth	Via school
Sat 08/06/19	Schools	Scottish Schools T&F Championships	Grangemouth	Via school
Sat 15/06/19	Scottish Championships	SUPERteams	Scotstoun	Team mangers will contact via email
Wed 19/06/19	Open Graded	Livingston Open Graded Meet 3	Livingston	Entries on-line - suitable for all
Sat 22/06/19	League	Forth Valley League Match 2	Grangemouth	Team mangers will contact via email
Sun 23/06/19	League	Youth Development League Division 1	Scotstoun	Team mangers will contact via email
Thurs 27/6/19	Time Trials	CAC time trials	Stirling	Entries on the night - suitable for all
Wed 03/07/19	Open Graded	Grangemouth Open Graded Meet 3	Grangemouth	Entries on-line - suitable for all
Sat 13/07/19	Scottish Championships	Combined Events & Masters Championships	Grangemouth	Enter on line via Scottish Athletics website
Sun 14/07/19	Scottish Championships	Combined Events Championships	Grangemouth	Enter on line via Scottish Athletics website
Wed 17/07/19	Open Graded	Livingston Open Graded Meet 4	Livingston	Entries on-line - suitable for all
Thurs 25/7/19	Time Trials	CAC time trials	Stirling	Entries on the night - suitable for all
Sun 04/08/19	League	Youth Development League FINAL	Grangemouth	
Wed 07/08/19	Open Graded	Grangemouth OG Meet 4	Grangemouth	Entries on-line - suitable for all
Sat 10/08/19	Scottish Championships	U13 & U20 Championships	Grangemouth	Enter on line via Scottish Athletics website
Sun 11/08/19	Scottish Championships	U15 & U20 Championships	Grangemouth	Enter on line via Scottish Athletics website
Sat 17/08/19	Scottish Championships	Senior & U17 Championships	Grangemouth	Enter on line via Scottish Athletics website
Sun 18/08/19	Scottish Championships	Senior & U17 Championships	Grangemouth	Enter on line via Scottish Athletics website
Wed 21/08/19	Open Graded	Livingston OGM 5	Livingston	Entries on-line - suitable for all
Sat 24/08/19	League	Forth Valley League Match 3	Grangemouth	Team mangers will contact via email
Sun 25/08/19	Club	Central Athletic Club Championships	Grangemouth	via entrycentral.com
Thurs 29/8/19	Time Trials	CAC time trials	Stirling	Entries on the night - suitable for all
Wed 04/09/19	Open Graded	Grangemouth OG Meet 5	Grangemouth	Entries on-line - suitable for all
15/9/2019	Scottish Championships	National Relay Championships	TBC	

	Club and Open Graded Events
	League Matches
	Championships
	Schools Events