Central AC Club Championships 2015

Central AC championship scores

Scores are based on top 3 events which must include a track and a field event.
Scores in grey are non counting scores.
New for 2015. Championship records cover period from 2010 when current points system was introduced.
Total record is for highest overall winning score since 2010. Event record is for highest score in any individual event since 2010.

Under 11 Boys

Championship record scores (2010 - 2014)

Total	**Ben Salmon**	**735**	**2014**	(Shot 6.38m, Javelin 16.94m, 200m 31.0s)
Event	**Harris Almass**	**329**	**2014**	(Long Jump 3.93m)

Place	*Name*	*Event1*	*Perf1*	*Score1*	*Event2*	*Perf2*	*Score2*	*Event3*	*Perf3*	*Score3*	*Event4*	*Perf4*	*Score4*	*Total*
1	Nathan Robertson	Long Jump	3.61	271	100m	14.30	242	200m	29.90	246				**759***
2	Euan Campbell	Long Jump	3.76	298	100m	15.90	84	200m	31.80	154	800m	2:38.50	267	719
3	Connor Bell	Long Jump	3.27	210	100m	16.10	70	200m	33.90	77	800m	2:52.50	153	440
4	Cameron Darnbrough	Long Jump	3.10	180	Shot	4.70	165	100m	16.90	26	200m	35.10	45	390
5	Cameron Dowie	Shot	4.27	138	100m	15.10	153	200m	34.60	57				348
6	Archie Flett	Javelin	10.78	166	100m	16.60	40	800m	2:54.40	140				346
7	Ardan Proctor	Long Jump	2.90	144	800m	2:58.80	112							256
8	Logan Gray	Long Jump	2.73	113	100m	17.10	19	200m	34.70	55	800m	3:20.40	19	187
9	Rowan Stephen	Long Jump	2.99	160	100m	17.00	22							182
10	Ross McKenzie	200m	34.00	74	800m	3:01.10	98							172
11	Archie Baxter	Shot	4.39	145	100m	18.30	0	200m	37.50	6				151
12	Finlay Marchant	Long Jump	2.47	66	100m	16.90	26	200m	35.30	40	800m	3:25.50	8	132
13	Lewis Gowen	Long Jump	2.44	61	100m	19.00	0							61
14	Cameron Brown	Long Jump	2.20	18	800m	3:34.30	0							18

***New record total score**

Under 11 Girls

Championship record scores (2010 - 2014)

Total Katie Burr 1066 2014 (Long Jump 3.91m, 800m 2:44.3min, 200m 31.2s)

Event Katie Burr 390 2014 (Long Jump 3.91m)

Place	*Name*	*Event1*	*Perf1*	*Score1*	*Event2*	*Perf2*	*Score2*	*Event3*	*Perf3*	*Score3*	*Event4*	*Perf4*	*Score4*	*Total*
1	Bryony Smith	Long Jump	2.81	139	100m	15.10	277	200m	32.90	222				638
2	Anna MacKinnon	Long Jump	3.12	210	Shot	4.53	206	200m	36.00	100	800m	3:05.60	189	605
3	Cora Morgan	Long Jump	3.20	228	100m	16.40	137	200m	34.00	173				538
4	Heather Hale	High Jump	1.00	190	Long Jump	2.94	151	100m	16.30	146	200m	35.20	127	487
5	Ellie Ross	Shot	4.22	176	200m	37.40	60	800m	3:16.20	122				358
6	Sameeha Almass	High Jump	1.00	190	Long Jump	2.63	98	100m	17.40	63	200m	38.80	30	351
7	Ellen Montgomery	Long Jump	2.80	137	100m	17.50	57	800m	3:17.10	117				311
8	Phoebe-Rose Gornall	Shot	4.55	208	100m	18.00	32							240
9	Lily Simpson	Long Jump	2.40	45	800m	3:11.40	151							196
10	Matilda Ross	Long Jump	2.11	0	Shot	4.24	178	100m	18.50	14				192
11	Ellie Watson	800m	3:22.70	89										89
12	Hana Littlejohn	Long Jump	2.13	0	100m	17.70	46	200m	39.70	17				63

Under 13 Boys

Championship record scores (2010 - 2014)

Total Matthew Chandler 1373 2013 (75m Hurdles 12.5s, High Jump 1.45m, Long Jump 4.48m)

Event Matthew Chandler 503 2013 (75m Hurdles 12.5s)

Place	*Name*	*Event1*	*Perf1*	*Score1*	*Event2*	*Perf2*	*Score2*	*Event3*	*Perf3*	*Score3*	*Event4*	*Perf4*	*Score4*	*Total*
1	Cameron Blance	Long Jump	4.29	394	200m	28.70	316	800m	2:37.10	281	1500m	5:10.37	374	1084
2	Daniel Ferguson	Long Jump	4.11	361	100m	14.40	229	Javelin	21.66	345	200m	29.60	263	969
3	Ben Salmon	Shot	6.45	280	100m	14.80	184	Javelin	23.02	365	200m	30.20	230	875
4	Dugald Macdonald	100m	14.70	195	200m	30.90	195	Long Jump	4.04	349	Javelin	16.46	263	807
5	Daniel Bruce	Long Jump	3.69	286	100m	14.60	206	75m Hurdles	15.50	221	200m	29.80	252	759
6	Ben Isgrove	Long Jump	3.58	266	100m	15.50	116	Javelin	18.67	298	200m	32.30	133	697
7	Samuel Metcalfe	Long Jump	3.36	226	100m	15.00	163	200m	30.70	205	800m	2:48.10	185	616
8	James Brown	Long Jump	3.41	235	800m	2:56.10	128	1500m	5:39.81	241				604
9	Cameron Dinwoodie	Shot	5.51	218	75m Hurdles	16.00	185	200m	31.00	190	800m	2:47.40	191	599
10	Oliver Holden	Long Jump	3.09	178	Javelin	16.59	265	200m	35.30	40	800m	2:56.10	128	571
11	Harris Almass	Javelin	10.00	152	100m	14.70	195	75m Hurdles	15.50	221	200m	30.90	195	568
12	Thomas Woods	Long Jump	3.44	241	100m	16.10	70	1500m	5:41.20	236				547
13	Cameron Fraser	Long Jump	3.39	232	100m	16.40	51	1500m	5:53.50	189				472
14	Morgan Sansom	75m Hurdles	16.60	146	800m	2:42.00	236							382
15	Conall Stephen	Long Jump	3.40	234	800m	2:53.80	144							378
16	George Gornall	75m Hurdles	17.00	123	800m	2:46.70	196							319
17	Ryan Bairstow	100m	14.90	173										173
18	Ewan Brogan	100m	16.40	51										51

Under 13 Girls

Championship record scores (2010 - 2014)

Total **Lucy Davison** **1686** **2014** (Long Jump 4.70m, 70m Hurdles 11.8s, High Jump 1.45m)

Event **Georgia Smith** **593** **2013** (High Jump 1.50m)

Place	*Name*	*Event1*	*Perf1*	*Score1*	*Event2*	*Perf2*	*Score2*	*Event3*	*Perf3*	*Score3*	*Event4*	*Perf4*	*Score4*	*Total*
1	Briagha Cook	Pole Vault	2.00	460	Long Jump	4.53	532	70m Hurdles	11.60	588	100m	13.80	465	1585
2	Shona McLay	Long Jump	4.21	459	100m	13.40	532	200m	27.60	544				1535
3	Ciorstaidh Ainsworth	Long Jump	4.22	461	Shot	7.16	420	800m	2:29.80	520	1500m	5:08.29	535	1516
4	Amy Kirkpatrick	Long Jump	3.98	406	200m	29.00	445	800m	2:32.10	494				1345
5	Katie Burr	High Jump	1.20	346	Long Jump	3.70	342	200m	30.40	356	800m	2:43.20	377	1079
6	Molly Cornes	High Jump	1.15	306	Shot	5.92	327	100m	16.30	146	800m	3:05.30	191	824
7	Lucy More	Shot	5.95	329	100m	15.20	264	800m	3:00.30	228				821
8	Amy Faunce Smith	Long Jump	3.31	253	100m	15.40	240	200m	31.90	272	1500m	6:21.50	211	765
9	Rebecca Cumming	Long Jump	3.60	319	Shot	4.31	185	100m	15.80	196				700
10	Grace Tindall	Long Jump	3.69	340	800m	2:48.50	327							667
11	Naomi Howlieson	High Jump	1.10	267	Long Jump	2.74	123	200m	34.30	161	800m	3:11.40	151	579
12	Mavia Duncan	Long Jump	3.10	205	Shot	4.26	180	100m	15.90	185				570
13	Ceitidh Ainsworth	Long Jump	3.12	210	Shot	4.56	209	100m	16.50	128				547
14	Orla Proctor	High Jump	1.25	386										386
15	Heather Riach	100m	15.70	206	70m Hurdles	18.20	52	200m	34.00	173	800m	3:19.00	107	379
16	Rowan Latimer	100m	15.20	264										264

Under 15 Boys

Championship record scores (2010 - 2014)

Total John MacLennan 2028 2014 (100m 11.5s, 200m 23.8s, Long Jump 5.58m)

Event John MacLennan 714 2014 (100m 11.5s)

Place	*Name*	*Event1*	*Perf1*	*Score1*	*Event2*	*Perf2*	*Score2*	*Event3*	*Perf3*	*Score3*	*Event4*	*Perf4*	*Score4*	*Total*
1	Matthew Chandler	Long Jump	5.51	613	80m Hurdles	12.00	653	Pole Vault	2.90	588				1854
2	Neil Casserly	Long Jump	4.22	381	100m	13.40	366	Discus	20.38	354	200m	27.30	407	1154
3	James Isgrove	Long Jump	4.20	378	200m	28.20	347	800m	2:25.50	402				1127
4	Sandy Holl	Long Jump	4.10	360	400m	65.50	321	800m	2:26.00	396				1077
5	Ross McCorgray	Long Jump	4.90	504	100m	12.50	517							1021
6	David Cunningham	Long Jump	4.07	354	100m	13.90	294	200m	28.70	316				964
7	Philip Ross	Long Jump	3.59	268	Shot	5.74	233	100m	15.10	153				654
8	Keir Howlieson	1500m	4:38.30	552										552

Under 15 Girls

Championship record scores (2010 - 2014)

Total Caitlin Edgar 2056 2013 (Long Jump 5.55m, 75m Hurdles 11.5s, 200m 26.9s)

Event Caitlin Edgar 765 2013 (Long Jump 5.55m)

Place	*Name*	*Event1*	*Perf1*	*Score1*	*Event2*	*Perf2*	*Score2*	*Event3*	*Perf3*	*Score3*	*Event4*	*Perf4*	*Score4*	*Total*
1	Emma Mailer	Shot	6.95	405	200m	26.40	637	300m	42.74	618				1660
2	Laura McKenzie	High Jump	1.40	509	Shot	8.14	489	100m	14.10	417				1415
3	Skye Henderson	Shot	5.80	317	200m	29.30	425	300m	46.90	443	800m	2:30.20	516	1276
4	Hannah Rose	High Jump	1.35	468	Long Jump	4.08	429	75m Hurdles	16.10	274				1171
5	Rosie Eckersley	Long Jump	3.85	377	Shot	6.03	336	1500m	5:29.00	428				1141
6	Shona Harrower	Shot	7.62	453	100m	14.60	343	75m Hurdles	15.60	311				1107
7	Darcy Baxter	Long Jump	3.71	345	300m	49.60	346	800m	2:45.00	360				1051
8	Mirren Latimer	100m	14.50	358										358

Under 17 Men

Championship record scores (2010 - 2014)

Total Jamie Paterson 2108 2014 (400m 51.4s, 200m 23.4s, Long Jump 5.48m)

Event Jamie Paterson 776 2014 (400m 51.4s)

Place	*Name*	*Event1*	*Perf1*	*Score1*	*Event2*	*Perf2*	*Score2*	*Event3*	*Perf3*	*Score3*	*Event4*	*Perf4*	*Score4*	*Total*
1	Cameron McCorgray	Long Jump	5.68	644	100m	12.00	612	200m	24.80	600				1856
2	Jack Houghton	Long Jump	4.95	513	Triple Jump	10.70	560	100m Hurdles	15.10	655				1728
3	Liam McGregor	Long Jump	4.58	446	100m	12.50	517	200m	25.90	511				1474
4	Andrew Sweeney	100m	11.70	672										672
5	Nathan Rix	100m	14.80	184	Discus	19.07	329							513

Under 17 Women

Championship record scores (2010 - 2014)

Total Caroline Hilley 2109 2013 (300m Hurdles 45.1s, 80m Hurdles 12.0s, Long Jump 5.10m)

Event Caitlin Edgar 790 2014 (Long Jump 5.66m)

Place	*Name*	*Event1*	*Perf1*	*Score1*	*Event2*	*Perf2*	*Score2*	*Event3*	*Perf3*	*Score3*	*Event4*	*Perf4*	*Score4*	*Total*
1	Madeleine Woods	Long Jump	4.41	505	100m	13.20	568	300m	44.80	528				1601
2	Esther Ross	Shot	7.76	463	Triple Jump	9.77	563	100m	13.40	532	200m	28.60	472	1567
3	Anais Scott	100m	14.70	329	Discus	17.05	425	200m	30.20	368				1122
4	Jodie Currie	1500m	5:23.90	453										453

Under 20 Men

Championship record scores (2010 - 2014)

Total Ryan Calder 1989 2012 (Long Jump 6.05m, 100m 11.8s, 200m 24.5s)

Event Ryan Calder 711 2012 (Long Jump 6.05m)

Place	*Name*	*Event1*	*Perf1*	*Score1*	*Event2*	*Perf2*	*Score2*	*Event3*	*Perf3*	*Score3*	*Event4*	*Perf4*	*Score4*	*Total*
1	Michael Currie	Long Jump	5.19	556	100m	11.50	714	200m	23.30	**734***				**2004***
2	Cameron Wilson	Long Jump	5.74	655	Triple Jump	12.24	691	100m	12.40	535				1881

***New record total score** **New record event score (200m)**

Under 20 Women

Championship record scores (2010 - 2014)

Total	**Lydia Simpson**	**1721**	**2014**	(100m 12.7s, 200m 26.3s, Shot 6.77m)
Event	**Louise Anderson**	**682**	**2012**	(Triple Jump 10.91m)

Place	*Name*	*Event1*	*Perf1*	*Score1*	*Event2*	*Perf2*	*Score2*	*Event3*	*Perf3*	*Score3*	*Event4*	*Perf4*	*Score4*	*Total*
1	Sarah Pearson	High Jump	1.40	509	100m Hurdles	14.90	**773***	400m Hurdles	68.30	651				**1933***
	New record total score		**New record event score (100m Hurdles)**											

Senior Women

Place	*Name*	*Event1*	*Perf1*	*Score1*	*Event2*	*Perf2*	*Score2*	*Event3*	*Perf3*	*Score3*	*Event4*	*Perf4*	*Score4*	*Total*
1	Kirsty Forsyth	Shot	5.81	318	100m	14.20	**402***	200m	30.30	362				**1082***
	New record total score		**New record event score (100m)**											

Masters Men

Championship record scores (2010 - 2014)

Total	**Ron Todd**	**1572**	**2013**	(Discus 34.05m, Javelin 35.30m, 100m Hurdles 17.3s)
Event	**Ron Todd**	**640**	**2011**	(Pole Vault 3.20m)

Place	*Name*	*Event1*	*Perf1*	*Score1*	*Event2*	*Perf2*	*Score2*	*Event3*	*Perf3*	*Score3*	*Event4*	*Perf4*	*Score4*	*Total*
1	Kenny Pearson	Shot	8.50	416	110m Hurdles	20.60	373	Javelin	34.01	526				1315
2	David Eckersley	Shot	5.58	222	800m	2:22.90	432	1500m	4:46.30	505				1159
3	Scott Simpson	Discus	16.65	283										283