

Date	Type	Event	Venue
16/04/2022	Open Graded	SA Throws and Jumps Grand Prix	Inverness
24/04/2022	League	Scottish Joint League	Grangemouth
28/04/2022	Club Open Graded	CAC Time Trial 1	Stirling Uni
29/04/2022	Open Graded	GAA Night of the 10k's Miler Event	Crownpoint
01/05/2022	League	YDL	Grangemouth
07/05/2022	Open Graded Open Graded League	SA Jums Grand Prix SA Throws Grand Prix Forth Valley League	Pitreavie Grangemouth TBC
14/05/2022	Championships	East District Championships and Open	Grangemouth
15/05/2022	Championships	East District Championships and Open	Grangemouth
20/05/2022	Open Graded	Monument Mile	Stirling Uni
22/05/2022	League	YDL	Grangemouth
26/05/2022	Club Open Graded	CAC Time Trial 2	Stirling Uni
27/05/2022	Open Graded	GAA Sprints Gala (track and field)	Crownpoint
29/05/2022	League	Scottish Joint League	Grangemouth
03/06/2022	Open Graded	GAA Miler meet (Track Only)	TBC
04/06/2022	Schools	Scottish Schools Pentathlon Champs	Grangemouth
05/06/2022	Open Graded	SA Jumps and Throws Grand Prix	Dundee
10/06/2022	Schools	Scottish Schools Track and Field Champs	Grangemouth
11/06/2022	Schools	Scottish Schools Track and Field Champs	Grangemouth
12/06/2022	League	Forth Valley League	TBC
17/06/2022	Open Graded	GAA Sprints Gala (Track and Field)	Scotstoun
18/06/2022	Championships	SUPERTeams (Under 12's)	Kilmarnock
19/06/2022	League	Scottish Joint League	Aberdeen
26/06/2022	League	YDL	Scotstoun
30/06/2022	Club Open Graded	CAC Time Trial 3	Stirling Uni
08/07/2022	Open Graded	GAA Sprints Gala (Track and Field)	Scotstoun
09/07/2022	Championships	Combined Events + Masters Champs	Dundee
10/07/2022	Championships	Combined Events + Masters 5000m Champs	Dundee

17/07/2022	League	Scottish Joint League	Scotstoun
23/07/2022	Open Graded	SA Jumps Grand Prix and Hurdles Open	Grangemouth
24/07/2022	Open Graded	SA Throws Grand Prix	Linwood
28/07/2022	Club Open Graded	CAC Time Trial 4	Alloa
29/07/2022	Open Graded	GAA Miler Meet (Track Only)	Scotstoun
31/07/2022	League	YDL	Grangemouth

07/08/2022	League	Forth Valley League	TBC
13/08/2022	Championships	Senior and U17 Chamionships	Aberdeen
14/08/2022	Championships	Senior and U17 Chamionships	Aberdeen
21/08/2022	League	Scottish Joint League	Grangemouth
25/08/2022	Club Open Graded	CAC Time Trial 5	Stirling Uni
27/08/2022	Championships	U13/U15/U20 Championships	Grangemouth
28/08/2022	Championships	U13/U15/U20 Championships	Grangemouth

02/09/2022	Open Graded	GAA Sprints Gala (Track and Field)	TBC
10/09/2022	Championships	National Track Relay Champs	Grangemouth