

Results from Central AC Time Trials 30 May 2024				
Sprint Hurdles Series				
Number	Time	Heat	Name	Age Group
70 metre Hurdles				
73	13.0	1	Tessa Gray	U13G
60	15.0	1	Olivia Denholm	U13G
41	15.4	1	Sophia McMahon	U13G
75m Hurdles				
101	13.0	2	Rachel Carvel	U15G
49	19.2	2	Iona McQuater	U15G
80m Hurdles				
105	14.3	3	Hazel Prince	U17W
100m Hurdles				
74	16.5	3	Jamie Connor	U17M
100metres Series				
Number	Time	Heat	Name	Age Group
167	16.0	1	Greta Shaw	U11G
154	17.2	1	Nina Norve	U11G
199	17.4	1	Skye Pringle	U11G
267	17.6	1	Ruth Thomas	U11G
179	18.3	1	Izzy Denholm	U11G
190	16.4	2	Luca Pizey	U11B
146	17.9	2	Lucas MacQueen	U11B
177	18.1	2	Harris Robertson	U11B
127	20.0	2	Ross McDonald	U11B
272	15.2	3	Ares Power	U13G
168	15.4	3	Summer Johnston	U13G
171	15.7	3	Rachel Duncan	U13G
164	16.5	3	Hayley Abel	U13G
186	16.5	3	Kayleigh Clifford	U13G
269	16.0	4	Helena Dadun	U13G
195	16.3	4	Tanya Muza	U13G
60	16.5	4	Olivia Denholm	U13G
119	16.5	4	Susanna Horsburgh	U13G
41	15.0	5	Sophia McMahon	U13G
170	15.0	5	Rachel MacLean	U13G
162	15.5	5	Zara Hector	U13G
155	16.5	5	Naomi Prince	U13G
200	15.2	6	Hugh Thomas	U13B

184	16.6	6	Finlay Gallagher	U13B		
124	16.8	6	Oliver McDonald	U13B		
194	17.3	6	Seonaidh Logan	U13B		
181	16.4	7	Sam White	U13B		
169	16.9	7	Harris Curtin	U13B		
176	17.4	7	Fraser McDonald	U13B		
175	17.9	7	Sean Trusswell	U13B		
166	19.0	7	Zachary Walker	U13B		
158	15.6	8	Allysa Cluett	U15G		
178	15.9	8	Emie Smith	U15G		
197	16.2	8	Hannah Cowley	U15G		
187	16.6	8	Stacey Clifford	U15G		
183	17.5	8	Norah Thompson	U15G		
165	18.2	8	Jessica Walker	U15G		
182	12.9	9	Aiden Philip	U15B		
174	14.1	9	George Boyd	U15B		
173	14.1	9	Luca Shepherd	U15B		
153	14.1	10	Loren Stewart	U17W		
185	14.3	10	Elinor Bowen	U17W		
163	14.6	10	Orla Pieroway	U17W		
114	14.9	10	Alisa Jones	U17W		
195	15.2	10	Hazel Prince	U17W		
196	16.0	10	Katherine Mitchell	U17W		
116	12.5	11	Finlay Marchant	SenM		
161	12.6	11	Connel Paterson	U17M		
192	12.9	11	Cameron Moore	U17M		
270	14.1	11	Andrew Twigg	U20M		
800metres Series						
Number	Time	Heat	Name	Age Group		
272	2-37.6	1	Ares Power	U13G		
41	2-53.8	1	Sophia McMahon	U13G		
177	2-54.4	1	Harris Robertson	U11B		
162	2-57.4	1	Zara Hector	U13G		
155	2-58.2	1	Naomi Prince	U13G		
119	3-01.0	1	Susanna Horsburgh	U13G		
190	3-03.9	1	Luca Pizey	U11B		
60	3-05.6	1	Olivia Denholm	U13G		
170	3-06.0	1	Rachel MacLean	U13G		
195	3-12.6	1	Tanya Muza	U13G		
267	3-14.3	1	Ruth Thomas	U11G		
164	3-15.1	1	Hayley Abel	U13G		
146	3-18.6	1	Lucas MacQueen	U11B		
179	3-28.1	1	Izzy Denholm	U11G		

181	2-48.8	2	Sam White	U13B		
194	2-49.8	2	Seonaidh Logan	U13B		
184	3-06.7	2	Finlay Gallagher	U13B		
176	3-09.3	2	Fraser McDonald	U13B		
166	4-28.6	2	Zachary Walker	U13B		
188	2-39.7	3	Ella Tanner	U15G		
172	2-51.8	3	Nicole Taylor	U15G		
159	2-55.7	3	Emily Watkin	U15G		
101	3-00.8	3	Rachel Carvel	U15G		
178	3-01.0	3	Emie Smith	U15G		
197	3-02.5	3	Hannah Cowley	U15G		
49	3-09.2	3	Iona McQuater	U15G		
183	3-16.7	3	Norah Thompson	U15G		
165	3-21.0	3	Jessica Walker	U15G		
271	2-20.4	4	Euan Andrews	SenM		
161	2-21.4	4	Conall Paterson	U17M		
198	2-25.0	4	Emily Stanford	U15G		
116	2-26.5	4	Finlay Marchant	SenM		
189	2-26.8	4	Cameron Tanner	U15B		
180	2-45.0	4	Tabitha MacKenzie	U17W		
160	2-45.0	4	Fia Watkin	U17W		
274	2-46.6	4	Michael Anthony	U20M		
276	2-54.2	4	Gavin Rodger	U15B		
3000metres						
Number	Time	Heat	Name	Age Group		
191	9-53.9	1	Andrew Irvine	SenM		
278	10-34.7	1	Andrew Mawer	MasM		
277	11-12.8	1	David Eckersley	MasM		
273	11-16.4	1	Louise Torr	MasW		
268	11-29.7	1	Grace Whelan	SenW		
275	11-44.5	1	Diarmid Thomson	SenM		
157	11-52.9	1	Robyn McKerracher	U20W		
196	12-39.6	1	Katherine Mitchell	U17W		
Long Jump						
Number	Distance		Name	Age Group		
167	3.29		Greta Shaw	U11G		
154	2.91		Nina Norve	U11G		
267	2.62		Ruth Thomas	U11G		
179	2.44		Izzy Denholm	U11G		
199	2.39		Skye Pringle	U11G		
269	3.12		Helena Dadun	U13G		
41	3.85		Sophia McMahon	U13G		

168	3.58		Summer Johnston	U13G		
73	3.46		Tessa Gray	U13G		
272	3.46		Ares Power	U13G		
171	3.40		Rachel Duncan	U13G		
119	3.26		Susanna Horsburgh	U13G		
164	2.98		Hayley Abel	U13G		
186	2.24		Kayleigh Clifford	U13G		
101	4.36		Rachel Carvel	U15G		
159	3.66		Emily Watkin	U15G		
158	3.49		Alyssa Cluett	U15G		
49	2.75		Iona McQuater	U15G		
165	2.70		Jessica Walker	U15G		
153	5.08		Loren Stewart	U17W		
193	3.99		Orla Pieroway	U17W		
160	3.76		Fia Watkin	U17W		
163	3.72		Anna Gunn	U17W		
114	3.47		Alisa Jones	U17W		
105	3.35		Hazel Prince	U17W		
190	3.17		Luca Pizey	U11B		
146	2.68		Lucas MacQueen	U11B		
127	2.51		Ross McDonald	U11B		
177	2.47		Harris Robertson	U11B		
200	3.94		Hugh Thomas	U13B		
181	3.26		Sam White	U13B		
184	3.16		Finlay Gallagher	U13B		
124	3.13		Oliver McDonald	U13B		
166	3.02		Zackary Walker	U13B		
176	2.85		Fraser McDonald	U13B		
173	4.18		Luca Shepherd	U15B		
174	4.05		George Boyd	U15B		
74	5.31		Jamie Connor	U17M		
192	5.28		Cameron Moore	U17M		
	5.45		Dylan McCulloch	U20M		
Shot Put						
Weight	Number	Distance	Name	Age Group		
2.72KG	119	5.58	Susanna Horsburgh	U13G		
2.72KG	168	5.24	Summer Johnston	U13G		
3KG	158	4.83	Allysa Cluett	U15G		
3KG	159	4.44	Emily Watkin	U15G		
3KG	183	3.36	Nora Thompson	U15G		

