

Results from Central AC Time Trials 31 July 2025				
100metres Series				
Number	Time	Heat	Name	Age Group
77	16.4	1	Ruth Thomas	U11G
59	16.4	1	Niamh Hastie	U11G
63	16.6	1	Harris Robertson	U11B
55	17.3	1	Eilidh Evans	U11G
73	18.3	1	Olivia Weir	U11G
69	20.2	1	Lois White	U11G
78	15.2	2	Niamh Moran	U13G
61	16.1	2	Hayley Abel	U13G
79	16.7	2	Skye Pringle	U13G
76	16.9	2	Martha Brolly	U13G
54	12.1	3	Conall Paterson	U20M
57	14.1	3	Mia Tchetchik	U15G
74	14.3	3	Sophia McMahon	U15G
58	14.4	3	Racel MacLean	U15G
56	14.7	3	Zara Hector	U15G
200metres Series				
Number	Time	Heat	Name	Age Group
77	35.7	1	Ruth Thomas	U11G
59	36.4	1	Niamh Hastie	U11G
55	38.4	1	Eilidh Evans	U11G
70	39.1	1	Noa Martinez Molina	U11G
73	40.5	1	Olivia Weir	U11G
80	29.5	2	Hugh Thomas	U13B
65	32.4	2	Sam White	U13B
63	35.7	2	Harris Robertson	U11B
61	33.3	3	Hayley Abel	U13G
60	34.2	3	Lila Robertson	U13G
81	34.5	3	Isla McNeill	U13G
79	34.9	3	Skye Pringle	U13G
68	28.7	4	Rachel Carvel	U15G
58	30.4	4	Rachel MacLean	U15G
66	30.9	4	Naomi Prince	U15G
56	30.9	4	Zara Hector	U15G
54	24.9	5	Conall Paterson	U20M
74	29.4	5	Sophia McMahon	U15G
57	29.8	5	Mia Tchetchik	U15G
67	31.0	5	Hazel Prince	U17G

400 metres				
54	55.0	1	Conall Paterson	U20M
800 metres Series				
Number	Time	Heat	Name	Age Group
72	2-14.7	1	Arran Sutherland	U20M
63	2-49.0	1	Harris Robertson	U13B
64	2-55.5	1	Ethan Allan	U15B
60	2-56.2	1	Lila Robertson	U13G
77	3-11.2	1	Ruth Thomas	U11G
75	3-23.4	1	Nora Thompson	U15G
59	3-24.4	1	Niamh Hastie	U11G
73	3-28.3	1	Olivia Weir	U11G
55	3-33.6	1	Eilidh Evans	U11G
Long Jump				
Number	Distance		Name	Age Group
77	3.24		Ruth Thomas	U11G
59	2.99		Niamh Hastie	U11G
70	2.83		Noa Martinez Molina	U11G
55	2.72		Eilidh Evans	U11G
73	2.16		Olivia Weir	U11G
69	2.03		Lois White	U11G
61	3.56		Hayley Abel	U13G
60	2.82		Lila Robertson	U13G
62	2.24		Ellen Williams	U13G
79	2.94		Skye Pringle	U13G
76	2.76		Martha Brolly	U13G
78	3.36		Niamh Moran	U13G
81	3.10		Isla McNeill	U13G
63	3.00		Harris Robertson	U11B
Shot Put				
Weight	Number	Distance	Name	Age Group
2KG	70	3.99	Noa Martinez Molina	U11G
2KG	55	3.87	Elidh Evans	U11G
2KG	59	3.31	Niamh Hastie	U11G
2KG	73	3.04	Olivia Weir	U11G
2.72KG	78	4.03	Niamh Moran	U13G
2.72KG	61	6.41	Hayley Abel	U13G
2.72KG	60	3.27	Lila Robertson	U13G
2.72KG	62	3.89	Ellen Williams	U13G
3KG	68	7.08	Rachel Carvel	U15G
3KG	56	6.60	Zara Hector	U15G

3KG	74	4.95	Sophia McMahon	U15G
3KG	66	4.91	Naomi Prince	U15G
3KG	71	8.64	Clara Escala	U17W
3KG	67	6.68	Hazel Prince	U17W
2KG	63	3.82	Harris Robertson	U11B
3KG	80	5.33	Hugh Thomas	U13B
Javelin				
Weight	Number	Distance	Name	Age Group
400gm	77	7.90	Ruth Thomas	U11G
400gm	70	7.88	Noa Martinez Molina	U11G
400gm	61	12.22	Hayley Abel	U13G
400gm	79	7.64	Skye Pringle	U13G
400gm	62	6.08	Ellen Williams	U13G
500gm	56	15.68	Zara Hector	U15G
500gm	74	9.58	Sophia McMahon	U15G
500gm	67	20.88	Hazel Prince	U17W
500gm	71	15.54	Clara Escala	U17W
400gm	63	10.94	Harris Robertson	U11B
400gm	80	13.46	Hugh Thomas	U13B