

Results from Central AC Time Trials 28 August 2025				
<b>Sprint Hurdles Series</b>				
Number	Time	Heat	Name	Age Group
70m Hurdles				
47	14.93	1	Hayley Abel	U13G
48	15.50	1	Ella Hill	U13G
46	15.85	1	Amilee Ingram	U13G
70m Hurdles				
51	13.38	2	Niamh Moran	U13G
49	14.43	2	Elsbeth Callan	U13G
75m Hurdles				
53	12.9	3	Tessa Gray	U15G
54	13.4	3	Rachel Fullbrook	U15G
50	18.20	2	Rudolf Laubscher	U13B
80m Hurdles				
55	14.3	4	Aimee Crockett	U17W
56	14.7	4	Clara Escala	U17W
<b>100metres Series</b>				
Number	Time	Heat	Name	Age Group
87	15.8	1	Ruth Thomas	U11G
84	16.3	1	Nina Norve	U11G
77	17.8	1	Holly Stavely	U11G
61	18.4	1	Rulize Laubscher	U11G
90	18.7	1	Kate Logan	U11G
69	16.5	2	Eilidh Moore	U11G
70	16.5	2	Niamh Hastie	U11G
62	17.4	2	Izzy Denholm	U11G
73	18.1	2	Olivia Weir	U11G
75	18.9	2	Harper Hiddelston	U11G
98	16.7	3	Harris Robertson	U11B
97	17.6	3	Hamish Gallagher	U11B
4	18.3	3	Salem Myakutya	U11B
67	18.6	3	Nikki Ingram	U11B
96	15.8	4	Finlay Gallagher	U13B
95	16.3	4	Rory Meyler	U13B
92	16.5	4	Seonaidh Logan	U13B
82	17.5	4	Harris Duff	U13B
91	14.1	5	Hugh Thomas	U13B
94	15.3	5	William Barnes	U13B
7	17.4	5	Ronan Delany	U11B

85	18.1	5	Ross McDonald	U13B		
3	18.1	5	Theo Myakutya	U13B		
51	15.5	6	Niamh Moran	U13G		
48	16.3	6	Ella Hill	U13G		
79	17.3	6	Martha Brolly	U13G		
74	20.0	6	Ellen Williams	U13G		
72	15.4	7	Rachel Duncan	U15G		
63	15.7	7	Summer Johnston	U13G		
89	16.0	7	Greta Shaw	U13G		
88	16.4	7	Skye Pringle	U13G		
93	16.7	7				
71	13.9	8	Rachel MacLean	U15G		
99	14.4	8	Christina Mphande	U15G		
49	14.8	8	Elsbeth Callan	U15G		
100	15.0	8	Kristin Nwagbo	U15G		
81	15.3	8	Emily Watkin	U15G		
9	16.9	8	Lauren Featherstone	U15G		
53	13.9	9	Tessa Gray	U15G		
66	14.0	9	Sophia McMahon	U15G		
54	14.3	9	Rachel Fullbrook	U15G		
68	14.7	9	Zara Hector	U15G		
55	14.8	9	Aimee Crockett	U17W		
60	15.3	9	Olivia Denholm	U15G		
59	11.8	10	Lewis Miller	U20M		
64	11.9	10	Conall Paterson	U20M		
57	12.5	10	Leo Chan	U15B		
83	14.9	10	Oliver McDonald	U15B		
<b>800metres Series</b>						
<b>Number</b>	<b>Time</b>	<b>Heat</b>	<b>Name</b>	<b>Age Group</b>		
86	2-41.1	1	Brody Scanlon	U13B		
98	2-44.3	1	Harris Robertson	U11B		
91	2-47.1	1	Hugh Thomas	U13B		
92	2-49.3	1	Seonaidh Logan	U13B		
96	2-56.4	1	Finlay Gallagher	U13B		
94	3-01.1	1	William Barnes	U13B		
95	3-02.2	1	Rory Meyler	U13B		
97	3-08.5	1	Hamish Gallagher	U11B		
7	3-09.8	1	Ronan Delany	U11B		
67	3-11.4	1	Nikki Ingram	U11B		
87	3-04.4	2	Ruth Thomas	U11G		
77	3-11.9	2	Holly Stavely	U11G		
62	3-13.0	2	Izzy Denholm	U11G		
70	3-18.3	2	Niamh Hastie	U11G		
78	3-19.1	2	Noa Martinez	U11G		

73	3-23.8	2	Olivia Weir	U11G		
90	3-24.8	2	Kate Logan	U11G		
69	3-37.9	2	Eilidh Moore	U11G		
75	3-43.2	2	Harper Hiddleston	U11G		
80	2-49.2	3	Zara Williams	U13G		
93	2-53.8	3	Lila Robertson	U13G		
63	3-11.0	3	Summer Johnston	U13G		
89	3-11.6	3	Greta Shaw	U13G		
88	3-11.7	3	Skye Pringle	U13G		
47	3-12.4	3	Hayley Abel	U13G		
81	2-33.3	4	Emily Watkin	U15G		
66	2-46.4	4	Sophia McMahan	U15G		
68	2-49.8	4	Zara Hector	U15G		
49	2-54.3	4	Elsbeth Callan	U15G		
60	2-57.8	4	Olivia Denholm	U15G		
1	3-27.5	4	Norah Thompson	U17W		
5	2-15.2	5	Arran Sutherland	U20M		
8	2-56.2	5	Andrew Craig	SenM		
6	3-32.7	5	Colin Sinclair	VetM		
<b>3000 metres</b>						
<b>Number</b>	<b>Time</b>	<b>Heat</b>	<b>Name</b>	<b>Age Group</b>		
76	9-49.1	1	Andrew Irvine	SenM		
11	10-37.7	1	Roger Van Gompel	VetM		
65	12-33.9	1	David Eckersley	VetM		
10	12-33.9	1	Laurie Douglas	SenW		
2	18-20.7	1	Claire Thompson	VetW		
<b>Long Jump</b>						
<b>Number</b>	<b>Distance</b>		<b>Name</b>	<b>Age Group</b>		
87	3.28		Ruth Thomas	U11G		
69	3.16		Eilidh Moore	U11G		
70	2.95		Niamh Hastie	U11G		
78	2.94		Noa Martinez	U11G		
84	2.76		Nina Norve	U11G		
62	2.55		Izzy Denholm	U11G		
90	2.49		Kate Logan	U11G		
73	2.47		Olivia Weir	U11G		
61	2.35		Rulize Laubscher	U11G		
77	2.04		Holly Stavely	U11G		
47	3.56		Hayley Abel	U13G		
89	3.36		Greta Shaw	U13G		
48	2.85		Ella Hill	U13G		
88	2.82		Skye Pringle	U13G		
74	2.12		Ellen Williams	U13G		
100	3.25		Kristin Nwagbo	U15G		

55	3.75		Aimee Crockett	U17W		
97	3.14		Hamish Gallagher	U11B		
98	3.01		Harris Robertson	U11B		
67	2.48		Nikki Ingram	U11B		
4	2.15		Salem Myakutya	U11B		
91	4.25		Hugh Thomas	U13B		
94	3.26		William Barnes	U13B		
95	3.20		Rory Meyler	U13B		
50	2.92		Rudolf Laubscher	U13B		
85	2.84		Ross McDonald	U13B		
83	4.07		Oliver McDonald	U15B		
59	6.41		Lewis Miller	U20M		
<b>Triple Jump</b>						
53	9.05		Tessa Gray	U15G		
81	8.85		Emily Watkin	U15G		
58	9.02		Anna Gunn	U17W		
56	8.98		Clara Escala	U17W		
<b>Shot Put</b>						
<b>Weight</b>	<b>Number</b>	<b>Distance</b>	<b>Name</b>	<b>Age Group</b>		
2KG	84	4.94	Nina Norve	U11G		
2KG	69	4.76	Eilidh Moore	U11G		
2KG	75	4.25	Harper Hiddleston	U11G		
2KG	78	3.64	Noa Martinez	U11G		
2KG	73	3.16	Olivia Weir	U11G		
2KG	70	3.15	Niamh Hastie	U11G		
2KG	61	3.01	Rulize Laubscher	U11G		
2.72KG	46	5.88	Amilee Ingram	U13G		
2.72KG	51	5.33	Niamh Moran	U13G		
2.72KG	74	4.13	Ellen Williams	U13G		
2.72KG	93	3.87	Lila Robertson	U13G		
2.72KG	48	3.75	Ella Hill	U13G		
2.72KG	79	3.65	Martha Brolly	U13G		
3KG	53	7.16	Tessa Gray	U15G		
3KG	68	6.89	Zara Hector	U15G		
3KG	81	6.35	Emily Watkin	U15G		
3KG	54	6.27	Rachel Fullbrook	U15G		
3KG	86	5.68	Sophia McMahon	U15G		
3KG	56	9.47	Clara Escala	U17W		
3KG	55	7.33	Aimee Crockett	U17W		

