

Central AC Track and Field Champions			Female						
Year	Venue	Date	Minor Girls / Under 11	Girls / Under 13	Junior Women / Under 15	Intermediate Women Under 17	Euro Junior / Under 20	Senior Women	Masters Women
1975				K Jeffrey	S Pudney	J Hardie		A Robertson	
1976				E McIntyre	L Smith	F M Kirkpatrick			
1977				Sarah Booth	K M Donald	C Crosbie		H Thomson	
1978				Sarah Booth	B Kelly	K M Donald		B A Marshall	
1979				E Dobbie	Sarah Booth	Clare Heardman		Janice Adie	
1980				Carol Smillie	Sarah Booth	L Dick		Shona Malcolm	
1981				M Paterson	A Kyles	Sally Rogers		Shona Malcolm	
1982				S Thomson	Carol Smillie	Sarah Booth			
1983				Kaye Ballantyne	Joan Booth	Carol Smillie			
1984				S Crawford	Nicola Barr	Carol Smillie		Ann Harley	
1985				Nicola Lees	S Crawford	Nicola Barr		Carol Smillie	
1986				C Lennon	Lynne Blair	Nicola Barr		Sarah Booth	
1987				S Donachie	Lynne Blair	Tracy Docherty		Carol Smillie	
1988			Jill Turnbull	Lynne McKay	Claire Scott	Nicola Lees	Carol Smillie	Carol Smillie	
1989				Lynne Frickleton	Alison Hird	Esther Sneddon		Carol Smillie	
1990	Grangemouth	01 September 1990	Eilidh Dewar	Lynne Frickleton	Lynne McKay	Claire Scott		Halcyon Wills	
1991			Eilidh Dewar	Christina Somerville	Alyssa Scott	Lynne McKay	Esther Sneddon	Esther Sneddon	
1992			Donna Hunter	Rona Dick	Lorraine Senior	Alyssa Scott	Esther Sneddon	Esther Sneddon	
1993			Gillian Scott	Kimberly Montador	Christina Somerville	Alyssa Scott	Esther Sneddon	Esther Sneddon	Margery Swinton
1994	Grangemouth	03 September 1994	Anna Kerkhofs	Donna Hunter	Kimberly Montador	Christina Somerville	Alyssa Scott	Esther Sneddon	Margery Swinton
1995	Awarded at AGM	27 October 1995	Laurie Douglas	Emma Waterhouse	Donna Hunter	Christina Somerville	Dawn Burrows	Esther Sneddon	Margery Swinton
1996	Grangemouth	01 September 1996	Amie Hunter	Hannah Whitelam	Emma Waterhouse	Paula Scott	Christina Somerville	Esther Sneddon	Jane Waterhouse
1997	Grangemouth	24 August 1997	Amie Hunter	Heather Dodds	Gemma Ryde	Donna Hunter		Elinor Ross	Jane Waterhouse
1998	Grangemouth	15 & 17 September 1998	Alison Wilson	Fiona Chalmers	Heather Dodds	Jane McCrorie	Claire Waterhouse	Brenda Callander	Margery Swinton
1999	Grangemouth	31 Aug and 1 Sept 1999	Natalie Doyle	Fiona Chalmers	Heather Dodds and Catherine Robins	Emma Waterhouse	Karen Senior		Margery Swinton
2000			Amy Gray	Natalie Doyle	Morag MacLarty	Christina Moncrieff	Claire Waterhouse		
2001	Grangemouth	16 September 2001	Candice Crossan	Amy Pearson	Elayne Henderson	Sian Griffiths		Claire Waterhouse	Margery Swinton
2002	Grangemouth	14 September 2002	Kelly Natella	Amy Pearson	Natalie Doyle	Elayne Henderson	Emma Waterhouse	Karen Senior	Jane Waterhouse
2003	Grangemouth	13 September 2003	Rachel Mills	Jennifer Hutchison	Natalie Doyle	Elayne Henderson	Fiona Thompson	Claire Waterhouse	Jane Waterhouse
2004	Grangemouth	04 September 2004	Stephanie O'Neil	Becky Hay and Hilary Warkentin	Tammy Breingan and Lynn Harvey	Sarah Hay	Elayne Henderson	Karen Senior	Margery Swinton
2005	Grangemouth	17 September 2005	Mary Gathergood	Stephanie O'Neil	Jennifer Hutchison	Tammy Breingan			
2006	Grangemouth	16 September 2006	Aimee Bilsland and Mary Gathergood	Stephanie O'Neil	Lorna Cameron	Jennifer Hutchison			Elizabeth Normand
2007	Grangemouth	22 September 2007	Roisin Bonucchi and Lily Cairns-Haylor	Sophie Brown	Lorna Cameron	Lynn Harvey			
2008	Grangemouth	28 September 2008	Isla Burns	Caitlin Watson	Louise Anderson	Rosie Hastings	Jennifer Hutchison	Jennifer Emsley	Elizabeth Normand
2009	Grangemouth	27 September 2009	Bevhan Trevis	Lily Cairns-Haylor	Caitlin Watson	Sarah Dick	Jennifer Hutchison		
2010	Grangemouth	18 September 2010	Kate Gallagher	Sarah Pearson	Caitlin Watson	Louise Anderson			
2011	Grangemouth	04 September 2011	Lucy Davison	Bevhan Trevis	Sarah Pearson	Kirsty Mitchell	Louise Anderson		

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2012	Grangemouth	15 September 2012	Abby Davidson	Georgia Smith	Sarah Pearson	Emily Batchelor	Louise Anderson		
2013	Grangemouth	14 September 2013	Ciorstaidh Ainsworth	Georgia Smith	Caitlin Edgar	Caroline Hilley			
2014	Perth	13 September 2014	Katie Burr	Lucy Davison	Anna Cameron	Sarah Pearson	Lydia Simpson		
2015	Perth	12 September 2015	Bryony Smith	Briagha Cook	Emma Mailer	Madeleine Woods	Sarah Pearson	Kirsty Forsyth	
2016	Grangemouth	10 September 2016	Carys Gibb	Coirilidh Cook	Katie Sharkey	Anna Cameron	Samantha Hunter		
2017	Grangemouth	02 September 2017	Emily Guest	Katherine Fowler	Briagha Cook	Katie Sharkey	Kate Gallagher		
2018	Grangemouth	15 September 2018	Loren Stewart	Hannah Tams	Rebecca Cumming	Emma Mailer			
2019	Grangemouth	25 August 2019	Dara Clark	Danielle Abel	Katherine Fowler	Coirilidh Cook	Emma Mailer	Kirsty Forsyth	
2020	COVID - no championship								
2021	Grangemouth	14&16 September 2021	Eilidh Connor	Fia Watkin	Loren Stewart	Katherine Fowler	Molly Cornes		
2022	Grangemouth	03 September 2022	Iona Clark	Emily Stanford	Loren Stewart	Aaliyah McCloud	Megan Dunlop		
2023	Grangemouth	02 September 2023	Kayleigh Clifford	Rachel Carvel	Dara Clark	Caitlin Aird	Ellen Montgomery		Sandra Mitusch
2024	Grangemouth	14 September 2024	Isla McNeill	Tessa Gray	Rachel Carvel	Loren Stewart	Robyn McKerracher		
2025	Grangemouth	20 September 2025	Ruth Thomas	Summer Johnston	Rachel Carvel	Dara Clark	Emily Sorley		

Central AC Track and Field Champions										
Year	Venue	Date	Male						Senior Men	Masters Men
			Colts / Under 11	Junior Boys / Under 13	Senior Boys / Under 15	Youths / Under 17	Junior Men / Under 20			
1975				R Hunter	A Bryce	A Kerr				
1976					E Forbes	E A Forbes				
1977				S J Robertson	R D Todd	E A Forbes				
1978				I Miller	Jamie Stewart	R D Todd				
1979				D Donald	I Johnston	R D Todd				
1980				Neil McMenemy	B Denison	Jamie Stewart				
1981				C Campbell	Graeme Stewart	R Cameron				
1982				Graham Lyle	Neil McMenemy	D J Campbell				
1983				Matthew Friel	Graham Lyle	D J Campbell				
1984				M Cunningham	Graham Lyle	Paul Sudiskas				
1985				Bruce Macmillan	Kenneth Leitch	Paul Sudiskas				
1986				Bruce Macmillan	Kenneth Leitch	Martin Currie				
1987				Stuart MacRae	Innis Mennie	Kenneth Leitch				
1988			Paul McQue	Robert Wilson	Bruce Macmillan	Kenneth Leitch	Graham Lyle	David Stout	Alex Nicol	
1989				Paul McQue		Russell Brown				
1990	Grangemouth	01 September 1990	Chris McHardy	Paul McQue	Robert Wilson	Andrew Logan	Kenneth Pearson	David Goodwin	Peter Wills	
1991			Andrew Baillie	Chris McHardy	Paul McQue	Andrew Logan	Kenneth Pearson	David Goodwin	Hamish Fleming	
1992			Ryan Morrison	Chris McHardy	Paul McQue	Derek McRae	Alex Steven	Martin Crawford	George McHardy	
1993			Amrit Dhillon	Peter Lee	Chris McHardy	Paul McQue	Robert Wilson	Martin Crawford	Peter Paterson	
1994	Grangemouth	03 September 1994	Dominic McNally	Paul Whitelam	Bruce Anderson	Gregor Lawson	Paul McQue	Martin Crawford	Peter Paterson	
1995	Awarded at AGM	27 October 1995	William Muir	Dominic McNally	Craig Finlay	Chris McHardy	Stephen McArthur	Martin Crawford		
1996	Grangemouth	01 September 1996	Scott McFarlane	Craig Alexander	Paul Whitelam	Ross Houston	Chris McHardy	Martin Crawford	George McHardy	
1997	Grangemouth	24 August 1997	Robin Crosbie	Ewan Crosbie	Calum Laing	Neil Pirie	Ross Houston	Martin Crawford	Roger Greenaway	
1998	Grangemouth	15 & 17 September 1998	Stuart Chalmers	Tristan Glasse-Davies	Thomas Stones	Robert Russell	Ross Houston	Alasdair Anthony	George McHardy and David Hay	
1999	Grangemouth	31 Aug and 1 Sept 1999	Michael Gillespie	Michael Wright	Chris Hogg	Thomas Stones	Neil Pirie	Ross Houston	George McHardy	
2000			Darren Walker	Stuart Chalmers	Alastair Hay	Thomas Stones	Robert Russell	Kenneth Pearson	David Hay	
2001	Grangemouth	16 September 2001	Matthew McQueenie	Daniel Jackson	Chris Reynolds	Alastair Hay	Thomas Stones	Martin Crawford	Gordon Walker	
2002	Grangemouth	14 September 2002	Alan Bennie and Kyle Henderson	Matthew Gillespie	Daniel Jackson	Michael Wright	Ewan Laing	Martin Crawford	Gordon Walker	
2003	Grangemouth	13 September 2003	Martyn Paterson	Matthew Gillespie	Michael Gillespie	Michael Wright	Alastair Hay	Kenneth Pearson	Roger Greenaway	
2004	Grangemouth	04 September 2004	Roddy Irvine	Kyle Henderson	Darren Walker	Stuart Chalmers	Michael Wright	Kenneth Pearson	Robert Hutchison	
2005	Grangemouth	17 September 2005	Neil Cameron and Conor Kerr	David Hutchison	Ryan Stewart	Scott McDonald	Stuart Mooney	Ian McDonald	Frank Houston	
2006	Grangemouth	16 September 2006	Philip Wright	Ross Milne	Ryan Stewart	Sean Reilly			Frank Houston	
2007	Grangemouth	22 September 2007	Andrew MacNally	Conor Kerr	Ross Milne	Sean Reilly			Alex Milne	
2008	Grangemouth	28 September 2008	Scott Fleming	Sandy Semple	Tom Watson	Niall Finlayson		Michael Wright	Robert Hutchison	
2009	Grangemouth	27 September 2009	Robert Burns	Callum Presland	Gordon Milne	Kyle Henderson	Niall Finlayson		Robert Hutchison	
2010	Grangemouth	18 September 2010	George Stanger	Callum Presland	Hamish Innes	Sanju Siriwardena	Niall Finlayson	Kenneth Pearson	Alex Milne	
2011	Grangemouth	04 September 2011	Adam Evans	Cameron McCorgay	Daniel Polatajko			Kenneth Pearson		

Central AC Track and Field Champions									
Year	Venue	Date	Male						
			Colts / Under 11	Junior Boys / Under 13	Senior Boys / Under 15	Youths / Under 17	Junior Men / Under 20	Senior Men	Masters Men
2012	Grangemouth	15 September 2012	Ross McKnight	Kieran Halliday	Tom Chandler	Daniel Polatajko	Ryan Calder	Calum Brown	Ron Todd
2013	Grangemouth	14 September 2013	Jack Houghton	Matthew Chandler	Cameron McCorgray	Euan Corbett and Liam Halliday		Calum Brown	Ron Todd
2014	Perth	13 September 2014	Ben Salmon	Jack Houghton	John MacLennan	Jamie Paterson	Philip Wright		Kenneth Pearson
2015	Perth	12 September 2015	Nathan Robertson	Cameron Blance	Matthew Chandler	Cameron McCorgray	Michael Currie		Kenneth Pearson
2016	Grangemouth	10 September 2016	Connor Bell	Jamie McNaught	James Isgrove	Jack Houghton	Cameron McCorgray		Kenneth Pearson
2017	Grangemouth	02 September 2017	Jamie Oldham	Euan Wilbert	Jack Houghton	Neil Casserly			Kenneth Pearson
2018	Grangemouth	15 September 2018	Magnus Bryce	Robb Ferguson	Finlay Muir	Jack Houghton	Jack Houghton		Kenneth Pearson
2019	Grangemouth	25 August 2019	Ray Taylor	Tom Campbell	Scott Hopper	Erik Escala	Euan Smith	Ian McDonald	Kenneth Pearson
2020	COVID - no championship								
2021	Grangemouth	14&16 September 2021	Zackary Walker	Joel Gillan	Lewis Miller	Ruairidh Burns	Oliver Holden	Andrew Irvine	David Eckersley
2022	Grangemouth	03 September 2022	Alfie Laing	Joel Gillan	Jamie Connor	Dylan McCulloch	Ross Lawrie		Ian Horsburgh
2023	Grangemouth	02 September 2023	Hugh Thomas	Sam Nicolson	Harrison MacMillan	Cameron Moore	Douglas Fleming		David Eckersley
2024	Grangemouth	14 September 2024	Luca Pizey	Hugh Thomas	Leo Chan	Jamie Connor	Dylan McCulloch	Adam Donnachie	Ron Todd
2025	Grangemouth	20 September 2025	Harris Robertson	Hugh Thomas	Leo Chan		Cameron Moore	Finlay Marchant	Ian McDonald